

CB-BK WE1 2026: Session: 6: COACH evaluation sheet for TEAM: FIRST

Coachinfo: Warming up from: 12:30 untill 13:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Breusegem Mathias HEADCOACH

Coaches: Wielandt Pieter

Coaches: De Noble Chloë

Coaches: Huberty Maren

Coaches: Blom Dieter

Coaches: Slos Robbie

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 41: 200M MEDLEY WOMEN 13-14 Heat:2, starttime: 14:33

Heat: 2/20 Lane : 1 Athlete: NGABO ANNABELLE Q-time: 02:51:64

PB (50m pool): 03:01.47 Sportoase De Watermolen 29/03/2026 PB (25m pool): 02:51.64 SB: 03:01.47 Sportoase De Watermolen 29/03/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.54	01:23.86	02:18.19	03:01.47	
	00:37.54	00:46.32	00:54.33	00:43.28	
					

Coach feedback:

Event number: 41: 200M MEDLEY WOMEN 13-14 Heat:12, starttime: 15:06

Heat: 12/20 Lane : 1 Athlete: BOGAERT HANNE Q-time: 02:44:27

PB (50m pool): 02:50.08 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 02:44.27 SB: 02:50.08 Zwembad Brigitte Becue 26/04/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.21	01:19.05	02:11.27	02:50.08	
	00:35.21	00:43.84	00:52.22	00:38.81	
					

Coach feedback:

Event number: 41: 200M MEDLEY WOMEN 13-14 Heat:17, starttime: 15:22

Heat: 17/20 Lane : 7 Athlete: BEULENS LOTTE Q-time: 02:39:41

PB (50m pool): 02:41.53 Antwerpen 08/03/2026 PB (25m pool): 02:39.41 SB: 02:41.53 Antwerpen 08/03/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.42	01:14.99	02:03.60	02:41.53	
	00:33.42	00:41.57	00:48.61	00:37.93	
					

Coach feedback:

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Event number: 42: 200M BUTTERFLY MEN 13-14					Heat:3, starttime: 15:42
Heat: 3/3 Lane : 8 Athlete: DE BIE DAAN					Q-time: 02:33:92
PB (50m pool): 02:34.61 Antwerpen 08/03/2026			PB (25m pool): 02:33.92 SB: 02:34.61 Antwerpen 08/03/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.39	01:13.83	01:53.37	02:34.61	
	00:34.39	00:39.44	00:39.54	00:41.24	
					

Coach feedback:

Event number: 43: 100M BREASTSTROKE WOMEN 11-12					Heat:11, starttime: 16:08
Heat: 11/19 Lane : 4 Athlete: SUY NORA					Q-time: 01:36:33
PB (50m pool): 01:36.33 Lago Gent Rozebroeken 03/05/2026			PB (25m pool): 01:40.43 SB: 01:36.33 Lago Gent Rozebroeken 03/05/2026		
	5 0 M	1 0 0 M			
PB	00:45.66	01:36.33			
	00:45.66	00:50.67			
					

Coach feedback:

Event number: 43: 100M BREASTSTROKE WOMEN 11-12					Heat:14, starttime: 16:14
Heat: 14/19 Lane : 8 Athlete: BAELE NORAH					Q-time: 01:34:71
PB (50m pool): 01:34.71 Lago Gent Rozebroeken 03/05/2026			PB (25m pool): 01:47.68 SB: 01:34.71 Lago Gent Rozebroeken 03/05/2026		
	5 0 M	1 0 0 M			
PB	00:44.53	01:34.71			
	00:44.53	00:50.18			
					

Coach feedback:

Event number: 43: 100M BREASTSTROKE WOMEN 11-12					Heat:17, starttime: 16:20
Heat: 17/19 Lane : 2 Athlete: DE BIE LIZE					Q-time: 01:27:60
PB (50m pool): 01:27.60 Lago Gent Rozebroeken 03/05/2026			PB (25m pool): 01:30.82 SB: 01:27.60 Lago Gent Rozebroeken 03/05/2026		
	5 0 M	1 0 0 M			
PB	00:41.96	01:27.60			
	00:41.96	00:45.64			
					

Coach feedback:

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Event number: 44: 100M BREASTSTROKE MEN 11-12			Heat:7, starttime: 16:40
Heat: 7/11 Lane : 1 Athlete: DAEM JOPPE			Q-time: 01:36:25
PB (50m pool): 01:37.79 Gent 08/02/2026			PB (25m pool): 01:36.25 SB: 01:37.79 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:47.50	01:37.79	
	00:47.50	00:50.29	
			

Coach feedback:

Event number: 45: 100M FREESTYLE WOMEN 13-14			Heat:1, starttime: 16:51
Heat: 1/16 Lane : 3 Athlete: MENU NINA			Q-time: 01:07:80
PB (50m pool): 01:07.80 Sportoase De Watermolen 24/05/2026			PB (25m pool): 01:08.40 SB: 01:07.80 Sportoase De Watermolen 24/05/2026
	5 0 M	1 0 0 M	
PB	00:32.30	01:07.80	
	00:32.30	00:35.50	
			

Coach feedback:

Event number: 45: 100M FREESTYLE WOMEN 13-14			Heat:8, starttime: 17:02
Heat: 8/16 Lane : 5 Athlete: DEGRANDE AN			Q-time: 01:05:49
PB (50m pool): 01:07.71 Gent 08/02/2026			PB (25m pool): 01:05.49 SB: 01:07.71 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:33.25	01:07.71	
	00:33.25	00:34.46	
			

Coach feedback:

Event number: 45: 100M FREESTYLE WOMEN 13-14			Heat:10, starttime: 17:05
Heat: 10/16 Lane : 7 Athlete: BEULENS LOTTE			Q-time: 01:05:06
PB (50m pool): 01:05.94 Antwerpen 08/03/2026			PB (25m pool): 01:05.06 SB: 01:05.94 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:32.06	01:05.94	
	00:32.06	00:33.88	
			

Coach feedback:

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Event number: 47: 4x100M FREESTYLE MEN 13-14							Heat:2, starttime: 17:55	
Heat: 2/2 Lane : 8 Athlete: TEAM FIRST 1							Q-time: 04:17:64	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback:

Event number: 48: 4x100M MEDLEY WOMEN 13-14							Heat:1, starttime: 18:00	
Heat: 1/3 Lane : 3 Athlete: TEAM FIRST 1							Q-time: 05:10:00	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: